

UNLOCK YOUR JOURNEY TO OPTIMAL WELLNESS.

10X Your Health

ABOUT 10X HEALTH:

10X Health is a pioneering healthcare solutions company dedicated to transforming how people understand, manage, and optimize their health. Co-founded by entrepreneurs Grant Cardone and Brandon Dawson, 10X Health is grounded in the belief that everyone deserves access to health data, insights, and care that empowers them to live longer, healthier, and more optimized lives.

We are proud to be at the forefront of the Precision Health movement, offering our patented Precision Nutrition System, tailored supplementation, and advanced diagnostic tools—all designed to deliver measurable and transformative health outcomes.

192,000

Lives Impacted

128,000

Genetic Tests

13,500

Active Patients

46

Countries

MEET SOME OF OUR DOCTORS



Dr. Carrie Carda
MD, FACOG, MMS, MHS



Dr. Daniel Wallerstorfer
PhD

